



## Extended Day Kindergarten A Sample Schedule

A typical day in the life of [Kayla](#), age 5 years old:

7:00-8:00	Arrival, Breakfast & Table Toys
8:00-9:00	Outside Play & Inside Gross Motor Activity
9:00-9:30	Snack Time
9:30-10:00	Circle Time
10:00-10:30	Journal Writing
10:30-11:00	Reading & Language
11:00-11:30	Math
11:30-12:00	Learning Centers & Computers
12:00-12:30	Lunch
12:30-1:30	Spanish & Sign Language
1:30-2:30	Art & Sensory Fun
2:30-3:00	Science/Social Studies
3:00-3:30	Snack Time
3:30-4:00	Music & Movement
4:00-4:30	Story Time & Table Toys
4:30-5:15	Outside Play & Inside Gross Motor Activity
5:15-5:30	Centers & Small Group Activity
5:30-6:30	Individual Exploration & Goodbyes