



## Mobile Infant - 12 months - 18 months A Sample Schedule

A typical day in the life of Tyler, age 16 months:

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| 7:00 - 8:15 a.m. | Arrival/Breakfast/Playtime   |
| 8:30 - 9:15      | Diaper/Clean-up  |
| 9:30 - 10:30     | Circle Time -<br>Music and Dance - "One, Two, Buckle My Shoe"<br>Stories - "Mary had a Little Lamb"<br>Snack and Diapers |
| 10:30 - 11:30    | Morning Naptime  |
| 12:00 - 1:00     | Diapers and Lunchtime  |
| 1:00             | Outdoor Playtime - Push and Pull Toys  |
| 1:30             | Small Group Activities -<br>Art - Finger Paint and<br>Sensory Table - Water Play   |
| 2:00             | Light Afternoon Snack & Drink  |
| 2:30 - 3:30      | Afternoon Naptime  |
| 3:30 - 4:00      | Diapers/Afternoon Snack  |
| 4:30 - 5:30      | Art & Sensory Activities - Jello Jigglers<br>Songs and Finger Play - "Pat-a-Cake"  |
| 5:30 - 6:30      | Diapers and Goodnight!   |