



Musical Beginnings ***Music at Home***

We use music throughout our day at Rainbow Academy. Whether it is to ease transitions between activities or as a learning tool, it is an integral part of your children's day.

The ease of transitions at school can be experienced at home as well.

Clean up Transitions

When encouraging your child to clean their toys, sing a song about cleaning:

Sing to tune of: The Farmer in the Dell

It's time to clean up now

It's time to clean up now

Heigh-ho just watch us go

*It's time to clean up now**

**words by Jean Warren*

Bedtime Transitions

Bedtime is a big transition for many young children. As bedtime draws near, you can use soft soothing music to help signal to your child that it is time for bed. The sound of someone they love caring enough to soothe them to sleep with music is of great comfort.

Sing to the tune of: "Rock-a-bye Baby"

Nighty night (childs name_____)

In your own bed.

Rest your feet

Rest your head

When your eyes close

Just county the sheet

Until you fall-

*Fast asleep!**

**words by Jean Warren*

Remember ... you don't need to be a musician or professional singer to enjoy music with your child.

Have fun making up words to a familiar tune is an easy way to encourage your child.

Simply sharing the experiences with them is what is important!